2nd Base Infield Plans

This is a practice that can be done on the field as well as off. The goal is to obtain mental readiness so you can execute the plan without thinking after the ball is hit. Remember **CPT**:

**Control –** *Am I in my ready position? Glove on, standing in right area…*

**Plan –** *What’s my play if I get the ball; plan the play before it happens, have a backup plan; if I drop the ball then what?*

**Trust –** *Trust! Trust that you will execute your plan because you’ve already gone over it in your head.*

**Mental Checklist**

1. Control: Am I in my ready position?
2. Plan: If I get the ball. ***2nd base strategies***

**NOTE: If I don’t see the ball coming to me, I go to 2nd base always, ready to catch the ball.**

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| RUNNERS ON | PLAN | BACKUP PLAN |
| None | Throw or soft toss to 1B. | Get it back to pitcher. |
| 1st | Ball hit up the middle, throw or soft toss to 2B, otherwise go 1B. | Possible throw to 3rd base if runner continues else get it back to pitcher. |
| 1st, 2nd | Ball hit up the middle, throw or soft toss to 2B, otherwise go 1B. | Possible throw to home depending on if runners continue, else get it back to pitcher. |
| 1st, 2nd, 3rd | Ball hit up the middle, throw or soft toss to 2B, otherwise go 1B. This can have advanced plans, ask coach. | Possible throw to home else get it back to pitcher. |
| 2nd | Throw or soft toss to 1B. | Get the ball back to the pitcher. |
| 2nd, 3rd | Throw or soft toss to 1B. | Possible throw to home else get it back to pitcher. |
| 1st, 3rd | Ball hit up the middle, throw or soft toss to 2B, otherwise go 1B. | Possible throw to home else get it back to pitcher. |
| 3rd | Throw or soft toss to 1B. | Get the ball back to the pitcher. |

1. Trust!

Mastering the force outs is a good place to start since they take less strategy. Planning the play can be done on the field and off. As a mental exercise, you can run through plays with your child in the car, on the way home from school or at home for a few minutes. The more mental repetitions they have of thinking the play the chances are higher they will execute the play without thinking once presented with the situation.

**Runner Stealing**

Only when a runner is on 1st base will we cover second for a throw down from the catcher to get a tag out.

* For a RIGHT hand batter**, if the ball is not hit, run to the back side of second base** to cover a throw from the catcher. You don’t want this guy stealing on you.

